

# NEW ITEMS AT LAKEWINDS, NOV. 2022

## GROCERY



### Just Ice Tea

When parent company Coca-Cola decided to discontinue their beloved Honest Tea brand, founders Seth, Spike, and Barry created Just Ice Tea to pick up the reins. With their new brand, they're able to provide a market for the network of fair-trade growers who were impacted by Honest Tea's closing. In addition to sourcing their tea from fair trade-certified growers, their tea is USDA certified organic.

\$2.69 or \$4.99/8-pack



### Guayaki unsweetened yerba mate

Mate is an earthy blend of herbal tea that energizes your mind and body with mateine, a naturally occurring blend of caffeine, theobromine, and theophylline. Many consider the effects more balanced than regular caffeine. Guayaki has been a co-op favorite for years and now you can enjoy a sugar-free version.

\$3.29



### Bachan's Yuzu BBQ sauce

Fans of American BBQ sauce will find the Japanese version familiar. Both have a savory blend of tangy and sweet that's perfect for smoky, charred meat, fish, and tofu. The Japanese version takes the umami to a new level thanks to the inclusion of soy sauce, tomatoes, and mirin. Bachan's new flavor adds yuzu fruit to the recipe for a tart, citrusy take on an already amazing sauce.

\$8.99

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## GROCERY (CONT.)



### Solely whole fruit gummies

Made from just three ingredients, these individually packaged fruit gummies are the perfect afternoon snack for work or school. Each pouch has a whole serving of fruit and no added sugar. Look for mango and guava and mango and orange flavors.

\$4.99

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### Jojo's chocolate bites

Enjoy a chocolate treat without all the sugar! These plant-based morsels are also low in carbs for a vegan snack that's better for you than a regular chocolate bar.

\$6.99

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### Primal Kitchen gravy

Primal Kitchen is a popular go-to for paleo- and keto-friendly cooking because their condiments and sauces are gluten-free, dairy-free, and free from heavily processed vegetable oils. Just in time for Thanksgiving, you can pick up one of their premade gravies. Choose from classic turkey bone broth or vegan mushroom with cashew butter.

\$8.99

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### Lar's Own gluten-free crispy onions

Here by popular demand is the gluten-free version of this Thanksgiving necessity! In addition to green bean casserole, crispy onions are a great topping for soups, sandwiches, hot dogs, and more.

\$4.39

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## GROCERY (CONT.)



### Sift Gluten Free bread & pizza crusts

This bakery is a local favorite for all types of gluten-free fare. Now, in addition to donuts and muffins, you can pick up their fresh bread and handmade pizza crusts at your local Lakewinds as well. The bread is fresh and available with other bread items while pizza crust is available in the frozen grocery aisle.

\$4.99  LOCAL



### Flax4Life muffins and brownies

These tasty baked goods are dairy-, gluten-, and nut-free and packed with fiber, protein, and omega-3s. In addition to being special-diet-friendly and healthy, the packaging is fully compostable!

\$7.99

## WELLNESS



### Bee Bella lip balm

Made by Wisconsin beekeepers, this line of lip care is rooted in care for the environment. In addition to supporting native pollinators, Bee Bella offers a buy-one, get-one waiver to customers who return three empty lip balm tubes as part of their Landfill Free Program.

\$6.99



### Gaia stomach support supplements

The herbal supplements from this Certified B Corporation come from sustainably grown plants grown on their own 250-acre organic farm in North Carolina. This line of stomach support includes Gas & Bloating, Natural Laxative, and Reflux Relief.

\$12.99-24.99